

SYNCHRO9 DEVELOPMENT CAMP - BUDAPEST - 23-28 AUGUST

SKATER	MONDAY, 24 AUG				TUESDAY, 25 AUG				WEDNESDAY, 26 AUG				THURSDAY, 27 AUG				FRIDAY, 28 AUG		Time
	Group 1	Group 2	Group 3	Group 4	Group 1	Group 2	Group 3	Group 4	Group 1	Group 2	Group 3	Group 4	Group 1	Group 2	Group 3	Group 4	Group 1&2	Group 3&4	
8:00-8:30																			8:00-8:30
8:30-9:00		LIFTS 2																ICE - Pascal	8:30-9:00
9:00-9:30							STREET DANCE 3	GYMNASTICS 4		STREET DANCE 1	GYMNASTICS 2	MENTAL TRAINING - Lions							9:00-9:30
9:30-10:00																		ICE - Pascal	9:30-10:00
10:00-10:30																			10:00-10:30
10:30-11:00	ICE - Pascal Group 1&2		EXPRESSIONS 3	LIFTS 4	GYMNASTICS 1	STREET DANCE 2	ICE - Fedor Group 3		ICE - Fedor Group 1			STREET DANCE 3	GYMNASTICS 4	GYMNASTICS 1	STREET DANCE 2	ICE - Fedor Group 3			10:30-11:00
11:00-11:30																			11:00-11:30
11:30-12:00								ICE - Ádám Group 4		ICE - Fedor Group 2									11:30-12:00
12:00-12:30					ICE - Fedor Group 1	LUNCH BREAK							LUNCH BREAK						12:00-12:30
12:30-13:00			ICE - Pascal Group 3&4																12:30-13:00
13:00-13:30																			13:00-13:30
13:30-14:00	ICE - Ádám Group 1																		13:30-14:00
14:00-14:30		ICE - Fedor Group 2	TECHNICAL LECTURE, SEMINAR - Récesei		LIFTS 1														14:00-14:30
14:30-15:00	EXPRESSIONS 1						EXPRESSIONS 2												14:30-15:00
15:00-15:30																			15:00-15:30
15:30-16:00																			15:30-16:00
16:00-16:30																			16:00-16:30
16:30-17:00	STREET DANCE 1		GYMNASTICS 3																16:30-17:00
17:00-17:30		GYMNASTICS 2																	17:00-17:30
17:30-18:00																			17:30-18:00
18:00-18:30																			18:00-18:30
18:30-19:00	TECHNICAL LECTURE, SEMINAR - Récesei		ICE - Ádám Group 3																18:30-19:00
19:00-19:30																			19:00-19:30
19:30-20:00																			19:30-20:00

Class	Location
LIFTS	Gerevich Hall
GYMNASTICS	Gerevich Hall
EXPRESSIONS	Ice rink ballet room
STREET DANCE	Ice rink ballet room
TECHNICAL SEMINAR	Récesei/ Lions
MENTAL TRAINING	Lions