

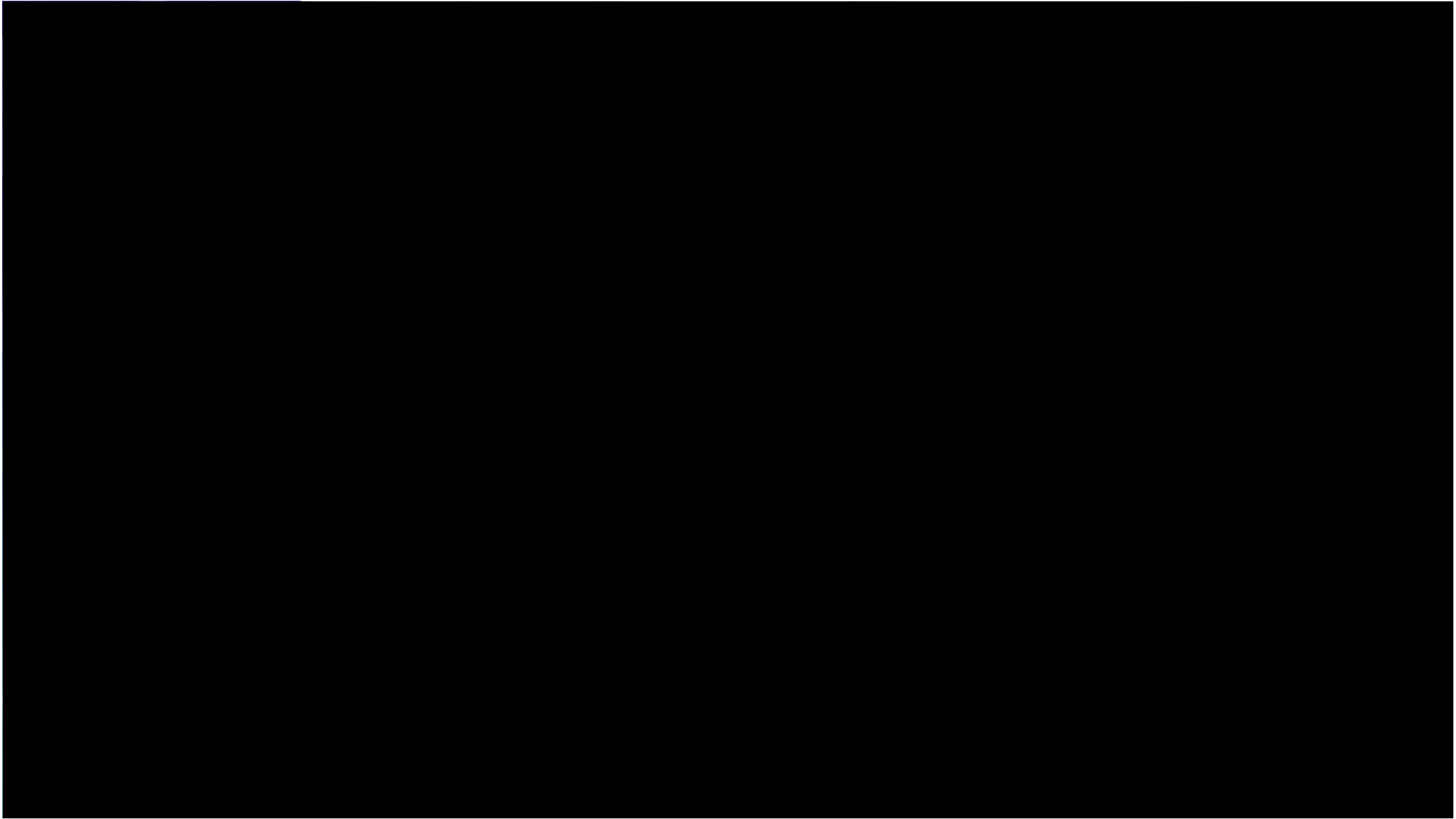
# ISU @ rink

**European Speed Skating Conference 2024**

 **Development**

## **Presentation Agenda:**

1. eRink video
2. ISU eRink summary of contents
3. Highlights for Speed Skating
4. Example of SS course





- ISU eRink has **+100 courses**
- Our target audiences are Skaters, Coaches, Officials, and Administrators at the Club, Regional, National, and International levels
- 45 new courses were added in 2023
- 40 courses are relevant to Speed Skating
- 13 courses are specifically about Speed Skating





- 24 courses on **general knowledge**:  
Anti-doping education, ISU Code of Ethics, Athlete Safeguarding, Small Bites of Skating, Stress Management, and much more!
- **ISU Development projects** use eRink for complementary online activities to create hybrid education experiences.
- **eRink Library** offers resources and scientific studies about all aspects of ice skating.



- ISU **Members** can use eRink courses for their national development.
- ISU and International **Officials** use eRink for their continuous training, having online seminars, recertification exams, and discussion forums with ISU TCs.
- **Coaches** Education content is provided through eRink for ISU Members to use.

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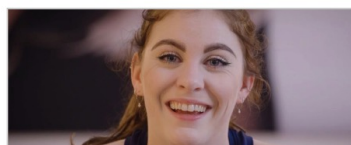
## • Specific courses about Speed Skating:



0%

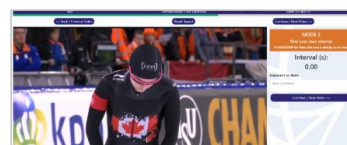
### Strength and Conditioning

Category: Speed Skating



### My Personal Workout Kit

Category: Speed Skating



### ISU Starter Forum

Category: Speed Skating



100%

### Speed Skating Basic Officials Course

Category: Speed Skating



### Endurance

Category: Speed Skating



### Staying On Track with Inge Stoter

Category: Speed Skating



### My Speedskating Skillset

Category: Speed Skating



0%

### ISU Course for Speed Skating Sport Experts

Category: Speed Skating



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- **Specific courses about Speed Skating and Short Track:**



**Short Track Infringement Guidance**

Category: Short Track



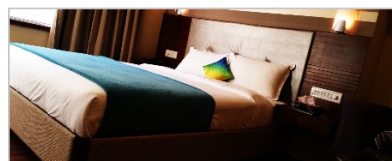
**Short Track Basic Officials Course**

Category: Short Track



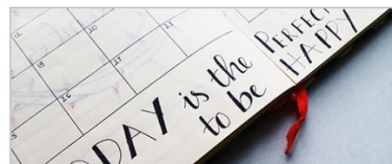
**ISU Seminars for Officials - Short Track 2023**

Category: Short Track



**Exploring Sleep and Recovery**

Category: Speed Skating



**Strategic and Mental Capabilities**

Category: Speed Skating



**Short Track ISU Referees Forum**

Category: Short Track



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## • Example of a Speed Skating course:

### Speed Skating Basic Officials Course

During a competition, a large number of judges and officials are active to check if everyone is complying with the regulations, to record the finish order of the skaters, and to steer the competition in the right direction.

This course ...

Info

Share



Overall progress % 50



#### Basic Officials Course



Welcome to the Speed Skating Basic Officials Course.

This course will provide you with insight into the key roles and rules for Speed Skating officials.

To get started, simply click on the link above. We hope you enjoy the course!

#### Training Pack



These resources can be used by trainers to run in-person or live online workshops.



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Officials and Their  
Duties -  
Introduction

Rules and  
Regulations 1

Safe Sports  
Environment

Safe Sports  
Assignment

Exam Rules and  
Regulations 1

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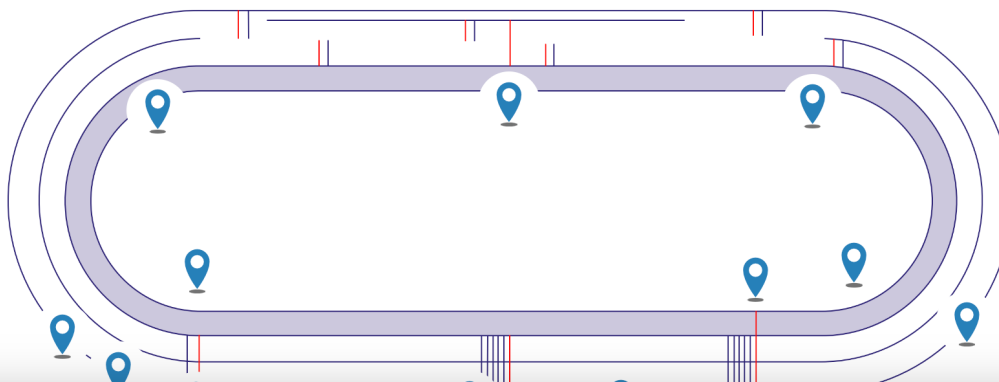
## Officials and Their Duties - Introduction

During a competition, a large number of judges and officials are active to check if everyone is complying with the regulations, to record the finish order of the skaters and to steer the competition in the right direction.

On the following pages we present a number of judges and officials who will tell you about their specific tasks during a competition and what this function entails.

The ice rink below shows which judges and officials there are in a skating competition.

Select the icons to find out more.



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## Starter

Piotr Tokarski - ISU Starter

Select the play button to start the video.





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- The **Speed Skating Basic Officials** course has been taken by +130 users.
- The Norwegian Skating Federation has used it to train 48 new Officials.
- It includes videos with interviews with real Speed Skating Officials, interactive graphics, and knowledge-check quizzes.

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<https://erink.isu.org/>

ISU Development