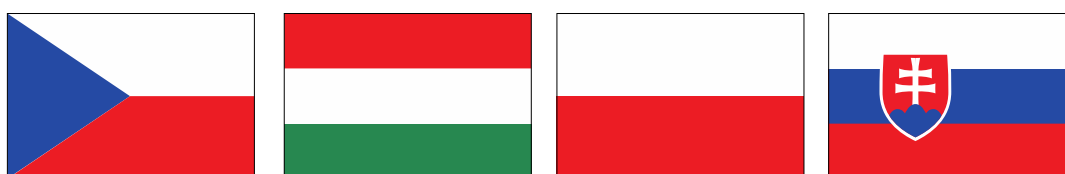


Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic



12-14 December, 2019

ANNOUNCEMENT



Four National Championships 2020 (4NC)

National Championships of Czech Republic, Hungary, Poland and Slovak Republic

for the following categories

Senior – Men, Ladies, Pairs and Ice Dance,
Junior – Pairs and Ice Dance,
Advanced Novice – Pairs.

Organized by the

Czech Figure Skating Association
(CFSA)
and
Figure Skating Club **BK Ostrava**

OSTRAVAR ARENA Ostrava, Czech Republic
December 12 – 14, 2019

1. GENERAL

The Four National Championships will be conducted in accordance with the ISU Constitution and General Regulation 2018, the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2018, as well as all pertinent ISU Communications.

2. TECHNICAL DATA

Place of the competition	All practices and competition events are taking place at the OSTRAVAR ARENA Ostrava an indoor ice-rink with the ice surface of 58 x 28 m, air-conditioned and heated located in Ruská 3077 / 135, 700 30 Ostrava-Zábřeh
Date:	December 12-14, 2019
Categories	SENIOR: Ladies, Men, Pairs, Ice Dance JUNIOR: Pairs, Ice Dance ADVANCED NOVICE: Pairs
Draws	The Draws will be held on December 12, 2019 during the Opening Ceremony. Official Ceremony is planned in Clarion Congress Hotel on December 12, 2019 at 19:00 pm.

SENIOR CATEGORIES

MEN	Short Program	The required elements to be skated are those listed in ISU Technical Rule Single and Pair Skating 2018 Rule 611, paragraphs 1 and 2 and the respective ISU Communication. Duration: 2 minutes and 40 seconds, +/- 10 seconds
	Free Skating	In accordance with ISU Technical Rules Single and Pair Skating 2018, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value. Duration: 4 minutes, +/-10 seconds
LADIES	Short Program	The required elements to be skated are those listed in ISU Technical Rule Single and Pair Skating 2018 Rule 611, paragraphs 1 and 2 and the respective ISU Communication. Duration: 2 minutes and 40 seconds, +/- 10 seconds

	Free Skating	In accordance with ISU Technical Rules Single and Pair Skating 2018, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 minutes, +/-10 seconds
PAIRS	Short Program	The required elements to be skated are those listed in ISU Technical Rule Single and Pair Skating 2018 Rule 620, paragraphs 1 and 2, for 2019/20 and the respective ISU Communication. Duration: 2 minutes and 40 seconds, +/- 10 seconds
	Free Skating	In accordance with ISU Technical Rules Single and Pair Skating 2018, Rule 621 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 minutes, +/-10 seconds
ICE DANCE	Short Dance	In accordance with ISU Technical Rules Ice Dance 2018, Rule 709, and all pertinent ISU Communications. Rhythms, required elements and guidelines are those listed in ISU Communication 2239 and subsequent updates. Duration: 2 min. 50 sec., +/- 10 sec.
	Free Dance	In accordance with ISU Technical Rules Ice Dance 2018, Rule 710. The required elements to be skated are those listed in ISU Communication 2239 and subsequent updates. Duration: 4 minutes, +/-10 seconds

JUNIOR CATEGORIES

PAIRS	Short Program	The required elements to be skated are those listed in ISU Technical Rule Single and Pair Skating 2018 Rule 620, paragraphs 1 and 3, for 2019/20 and the respective ISU Communication. Duration: 2 minutes and 40 seconds, +/- 10 seconds
	Free Skating	In accordance with ISU Technical Rules Single and Pair Skating 2018, Rule 621 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min., 30 sec., +/- 10 sec.

ICE DANCE	Short Dance	In accordance with ISU Technical Rules Ice Dance 2018, Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communication 2239 and subsequent updates. Duration: 2 min. 50 sec., +/- 10 sec.
	Free Dance	In accordance with ISU Technical Rules Ice Dance 2018, Rule 710. The required elements to be skated are those listed in ISU Communication 2239 and subsequent updates. Duration: 3 min., 30 sec., +/- 10 sec.

ADVANCED NOVICE CATEGORIES

PAIRS	Short Program	Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2018, ISU Communication 2242 and all respective ISU Communications Duration: 2 minutes and 20 seconds, +/- 10 seconds
	Free Skating	Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2018, ISU Communication 2242 and all respective ISU Communications Duration: 3 min., +/- 10 sec.

3. ENTRIES

The Preliminary Entry Form and Preliminary Hotel Sheet must reach CFSA **not later than Friday, November 1, 2019 using the respective " 4 Nationals Entries by Numbers Form"**.

Entries by names must be made to:

Czech Figure Skating Association
Václavské nám. 838/9
110 01 Praha 1 – Nové Město
Czech Republic

Tel.: + 420 230 234 505
E-mail: cfsa@czechskating.org

Deadline for final entries: Monday, December 2, 2019 – 16:00 h. CET

4. MUSIC / PLANNED PROGRAM CONTENT

All competitors shall furnish competition music of excellent quality on CD format in accordance with Rules 343, paragraph 1. In accordance with Rule 343. Paragraph 1., all discs must show the Competition event, Competitor's name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of registration. Each program (short program / short dance, free skating / free dance) must be recorded on a separate disc. In addition competitors / couples must provide a back-up drive for each program. If music information is not completed and discs are not provided, accreditation will not be given.

Planned Program Content Sheet must be send to:

E-mail: cfsa@czechskating.org

It is mandatory that the PPCs must be completed precisely by each skater/couple in English using the terminology listed in the respective ISU Communication.

5. RESULTS

The marking system (ISU Judging System) as described in ISU Technical Rule Single & Pair Skating 2018, Rule 352 and Rule 353 (Determination and publication of results) will be used.

The three best placed skaters/couples in each event will be announced at the official Victory Ceremony. Gold, Silver and Bronz medals will be presented to the medallists. The National Anthem of the winner will be played.

The Victory Ceremony for the best three placed skaters/couples of each Nation, as a result of the participating Federations' National Championships, will be organized off ice by the Federations themselves. 4NC OC will provide the podium.

Team Trophy

The result of the Team Trophy will be done as follows.

- a.) All Nations are participating in the 4NC, will participate in the Team Trophy.
- b.) Participating events in the Team Trophy on 4NC-2020 (OSR):
 - a. Men,
 - b. Ladies,
 - c. Ice Dance &
 - d. Junior Ice Dance
- c.) The three best final results per Nation will be counted, but the three best final results have to come at least from two different events.
- d.) Each medal and placement in each participating categories has a point value – see the table below. These points will be allocated to the Nation.
- e.) The highest points earned by a Nation will win the first place of the Team Trophy, the second highest points earned by a Nation will win the second place of the Team Trophy and the third highest points earned by a Nation will win the third place of the Team Trophy.
- f.) In case the earned points will match, the skaters'/couples' final points will be added to the Nations' points and who has the highest overall points will win the Team Trophy placement.
- g.) The three best Nations will be announced and honored at the official Victory Ceremony.

h.)

Categories	Final result	Points allocated to the Nation
Senior MEN	1st. Place	90
	2nd. Place	70
	3rd. Place	50
	4-7th. Place	30
	8-12th. Place	20
Senior LADIES	+ 12th. Place	10
	1st. Place	90
	2nd. Place	70
	3rd. Place	50
	4-7th. Place	30
Senior Ice Dance	8-12th. Place	20
	+ 12th. Place	10
	1st. Place	90
	2nd. Place	70
	3rd. Place	50
Junior Ice Dance	4-7th. Place	30
	8-12th. Place	20
	+ 12th. Place	10
	1st. Place	80
	2nd. Place	60
	3rd. Place	40
	4-7th. Place	20
	8-12th. Place	10
	+ 12th. Place	5

Visegrad 4 Young skaters' result

The result of the young skaters will be done as follows:

Those skaters will be counted in the Visegrad 4 Young Skaters' Results, who has not reached the age of nineteen (19) for Ladies and Men in singles competition; and has not reached the age of nineteen (19) for Ladies and the age of twenty-one (21) for Men in Pair Skating and Ice Dance competition.

All categories (Ladies, Men, Ice Dance including BOTH categories and Pairs including ALL categories) will have an overall "Visegrad 4 young skaters" results, based on the final competition points they earned in their event.

6. RESPONSIBILITY / INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in the 4NC 2020, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means. It is an internal matter of each participating Member to decide the issue who shall pay the premium for such insurance.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage in connection incurred by Competitors and Officials.

7. OFFICIAL HOTEL

Please be aware that all reservations should be handled through their own Federation which will cooperate with the CFSA to fulfil the booking.

CLARION CONGRESS HOTEL ****

Address: Zkrácená 2703, CZ - 700 30 OSTRAVA – Zábřeh, Czech Republic

Phone: +420 595 195 000

e-mail: reception.ccho@clarion-hotels.cz

websites: www.clarioncongresshotelostrava.com

Distances: next to OSTRAVAR ARENA, 200m Train station

Prices:

SR: EUR 90 DR: EUR 120

Prices per room per night included buffet breakfast, local taxes, free WiFi.

Meals for purchase: EUR 20 per meal

All hotel and meals bookings must be sent to:

E-mail: cfsa@czechskating.org

using the Preliminary Hotel and Meals Request Form P02 and/or Hotel Sheet Form 03 and/or Meals Plan Form 04.

8. PAYMENTS AND CANCELLATIONS

Upon sent Preliminary Hotel Sheets and Meals Plan each Federation will receive Pre-Invoice for 50% of the expenses. The due date of bank transfer will be November 15. The remaining 50% has to be paid immediately after the entry deadline upon Final Invoice issued by CFSA.

All extra expenses incurred by any person will be the responsibility of that person and must be paid prior departure at the hotel.

Please be aware that CFSA cannot accept credit cards or bank cards at the venue, in case the payment does not happen by bank transfer at the venue only CASH payment is possible.

Please, be informed that CFSA can only accept Hotel cancellations till December 5, 2019. In case OC does not receive your cancellation all costs will be charged on the participants.

9. ORGANIZING EXPENSES AND PAYMENT

Costs and expenses for organizing the Four Nationals Championships 2020 will be divided among the participating Federations. Costs and expenses distribution will be done according to the agreement of the Federations.

Reimbursement for travel, lodging and per diem for Referees, Technical Panel, Judges, Athletes and Coaches shall be determined by each participating country according to their own rules and decisions.

The invoices for organizing expenses will be issued after the entry deadline.

10. TRANSPORTATION

Official Hotel and Venue are within walking distance, no transportation (shuttle bus) is organized.

There will be no pick up service at the airports, bus or train stations.

11. ACCREDITATION

The official accreditation for the Competitors, Judges, Technical Panels members, Coaches and other Team Members is planned in the Clarion Congress Hotel on Thursday, December 12, 2019 and in the OSTRAVAR ARENA on Friday, December 13, 2019 and Saturday, December 14, 2019.

The exact time will be announced in the detailed Time Schedule.

12. INFORMATION

For further information, please contact:

Czech Figure Skating Association

Václavské nám. 838/9
110 01 Praha 1 – Nové Město
Czech Republic

Tel.: + 420 230 234 505
E-mail: cfsa@czechskating.org

and (during the event days) to:

Stanislav ZIDEK,
OC President
e-mail: szidek@skateostrava.eu
or: +420 603 415 233

13. PRELIMINARY PROGRAM SCHEDULE

4 National Championships 2020

Ostrava, Czech Republic

December 12-14, 2019

Preliminary Time Schedule

Thursday, Dec 12, 2019	TBA	Official Trainings
	19:00	Opening Ceremony
	19:45	Draws (short programs / rhythm dances)
	20:15	Banquet

Friday, Dec 13, 2019	11:00	PAIRS (Advanced Novice, Junior, Senior) - Short
	12:00	LADIES – Short Program
	16:00	ICE DANCE Junior – Short Dance
	17:00	ICE DANCE Senior – Short Dance
	18:00	MEN – Short Program

Saturday, Dec 14, 2019	09:00	LADIES – Free Skating
	13:00	ICE DANCE Junior – Free Dance
	14:30	ICE DANCE Senior – Free Dance
	15:30	Victory Ceremony LADIES, ICE DANCE
	16:30	PAIRS (Advanced Novice, Junior, Senior) - Free
	17:30	MEN – Free Skating
	21:30	Victory Ceremony PAIRS, MEN, Team Trophy

Judges and Technical Panels meetings are to be held one hour before the start of the first segment in each category.

Judges Round Table Discussions are to be held immediately after the end of each category.

Subject to change!

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